

Manifesting Miracles in

BRAHMA MUHURTA

“Magical Journey of 21 Days”



Mar 3rd - Mar 23rd, 2025



4 - 5AM (IST)



Live (Recordings of the live session
will be given)



Tamil

Venue: Online via Zoom

Register Now

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www.amsouls.com

This is the LAST & FINAL batch of
the 21-day program.

Program Schedule

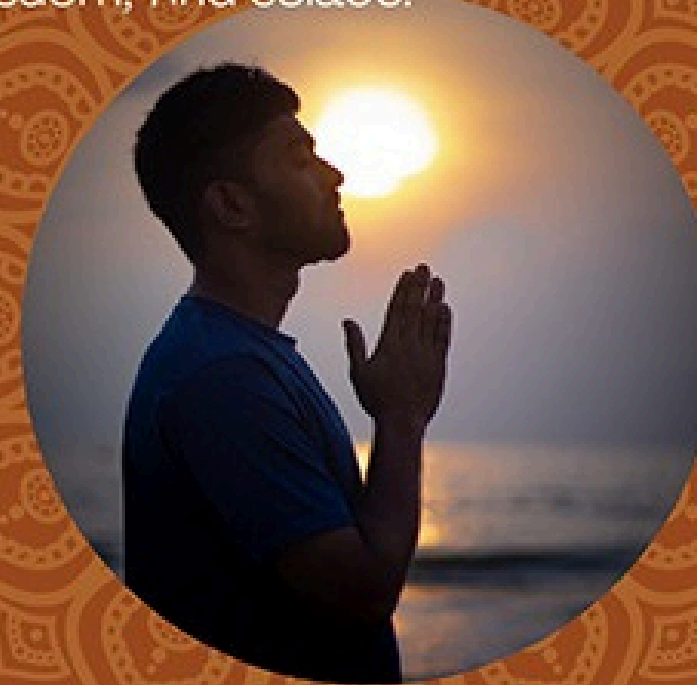
Week 1

Embark on a transformative journey of self-discovery and inner peace. Week 1 unfolds in divine harmony, guiding you through various forms of meditation: mindfulness, loving-kindness, chakra, mantra, and visualization.

- Day 1: Introduction to Meditation & Spirituality
- Day 2: Mindfulness Meditation
- Day 3: Loving-Kindness Meditation
- Day 4: Chakra Meditation
- Day 5: Mantra Meditation
- Day 6: Visualization Meditation
- Day 7: Q&A and Review

Week 2

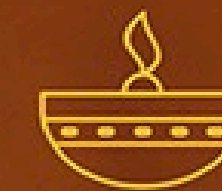
Embrace Week 2's transformative journey. Cultivate gratitude, forgiveness, and compassion. Savor mindful eating, and ignite self-reflection through journaling. Connect with nature, and embrace the sacred. Seek wisdom, find solace.



- Day 8: Gratitude Practice
- Day 9: Forgiveness Practice
- Day 10: Compassion Practice
- Day 11: Mindful Eating
- Day 12: Journaling
- Day 13: Spiritual Practice in Nature
- Day 14: Q&A and Review

Week 3

Embrace the essence of Week 3's journey. Engage in mindful communication, movement, and technology use. Prioritize restful sleep. Reflect, inquire. Craft a spiritual practice plan. Celebrate your growth, and honor the closing. Gratitude fills our hearts



- Day 15: Mindful Communication
- Day 16: Mindful Movement
- Day 17: Mindful Technology Use
- Day 18: Mindful Sleep
- Day 19: Q&A and Review
- Day 20: Creating a Spiritual Practice Plan
- Day 21: Celebration and Closing Ceremony

PROGRAM STRUCTURE

The Program will be conducted in Brahma Muhurta every day from morning 4 to 5 AM (IST) for 21 days (March 3rd to March 23rd) over Zoom.

The program will be conducted in the Indian time zone. If you are outside India or unable to attend the class at the scheduled time, you can still register. We'll send you a daily recording of the class to your registered email via Google Drive.

Each day will focus on a unique topic and practice, such as each day will focus on a unique topic and practice, such as Compassion Practice, Forgiveness Practice, Gratitude Practice, Mindful Movement, Mindful Eating, Chakra Meditation, Mantra Meditation, Connect with Nature, etc...



Brahma Muhurta is believed to be the most auspicious time for spiritual and mental activities when the atmosphere is charged with positive energy and divine fragrance. Engaging in spiritual practices during this time can amplify their benefits, fostering spiritual growth, mental clarity, and overall well-being. A Program during this auspicious time will tremendously uplift your life. The program can help you with the following:

- ✓ Enhance self-awareness through meditation and spiritual practices.
- ✓ Reduce stress and anxiety with mindfulness exercises.
- ✓ Improve emotional well-being by fostering compassion and gratitude.
- ✓ Increase focus and concentration through regular meditation.
- ✓ Reprogramming your subconscious mind.
- ✓ Develop a personalized practice plan to support ongoing growth.
- ✓ Connect with a supportive community of like-minded individuals.



Azhaikkiran Madhavan

Based on Google reviews

4.9



Sarah



Really Thankful to the god to give me a wonderful opportunity. I attended at 7days class. I have been travelling in spiritual journey over the last 3 years. Yes, definitely it helps and boost me more and more. Life is miracles. Connect the universe with one word of "God". Really had great experience and looking forward more classes in future. I always watch His video. So good. Share more and more . Thanks lot again

Mani



Actually I was suffered ulcer for 2 years. Doctors advised i have no problem with body but problem is stress. This program helped to reduce stress and mindfulness life.Now I stopped medications and feel healthy both in mind and body. I like to want join next batch also..

Sharmi K



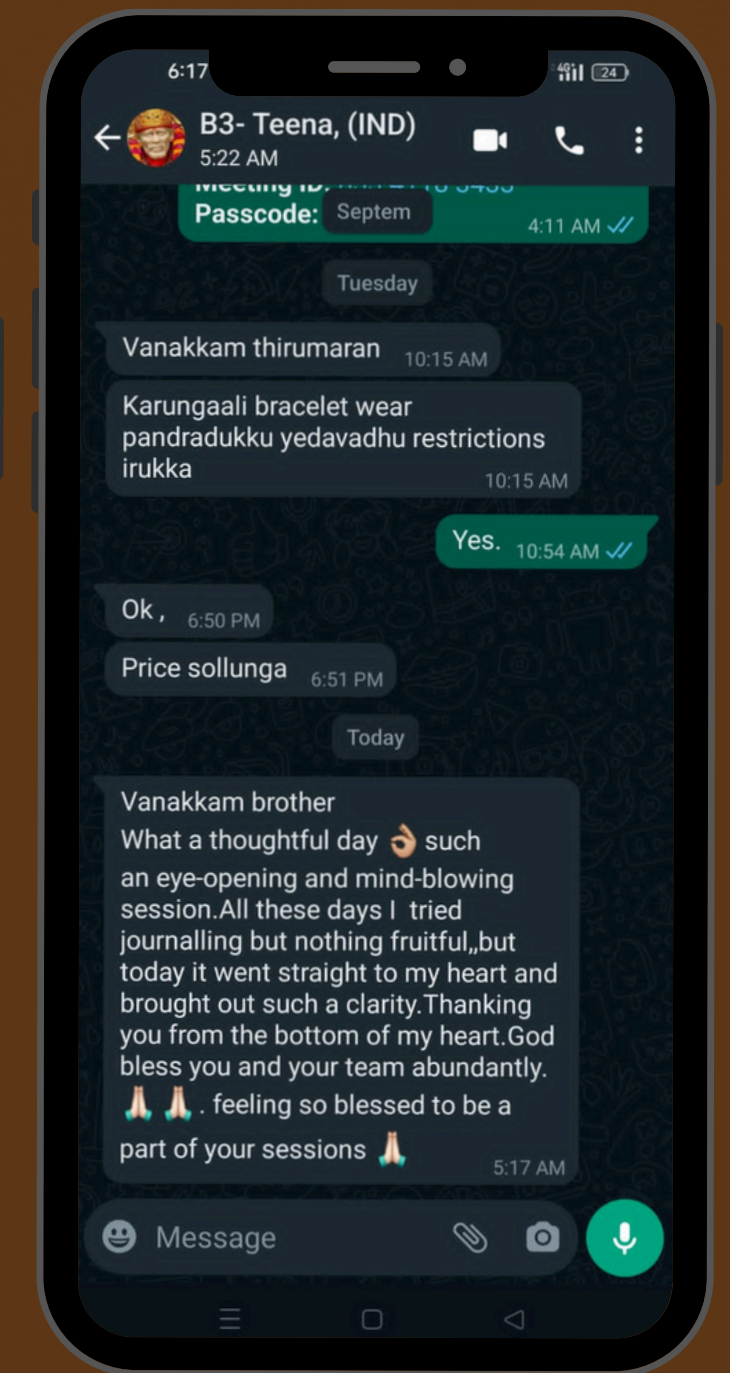
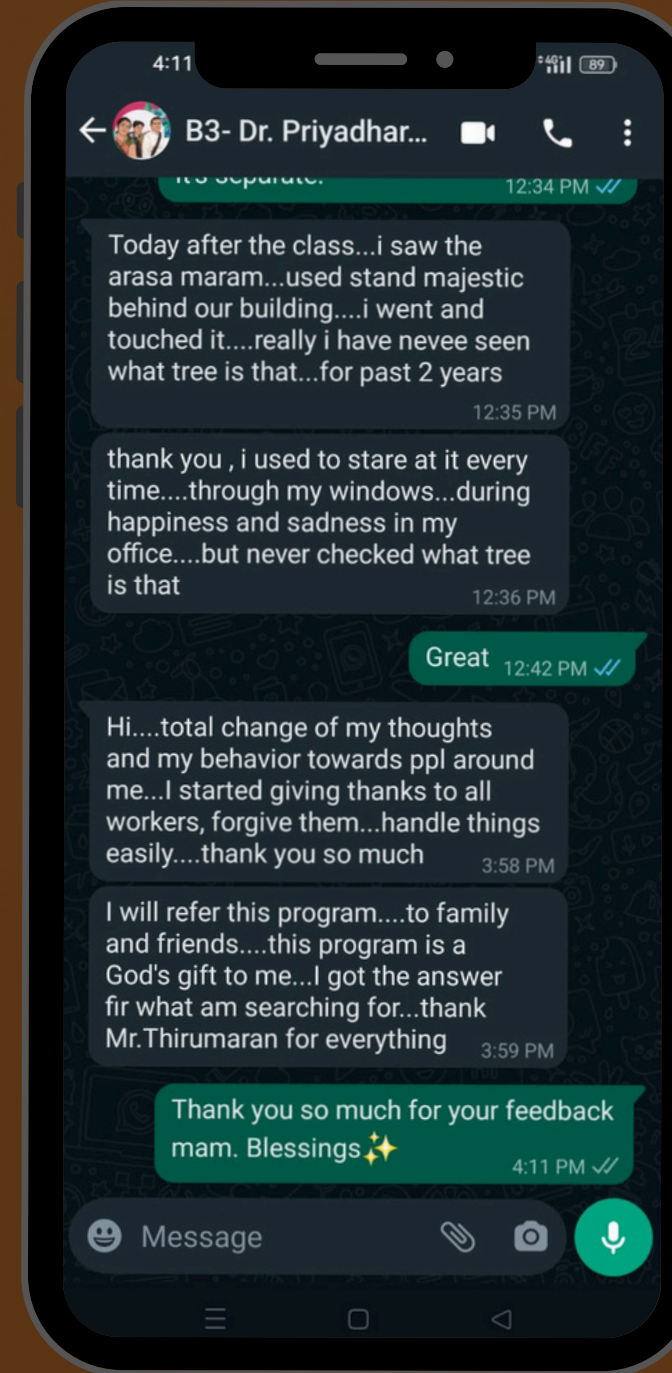
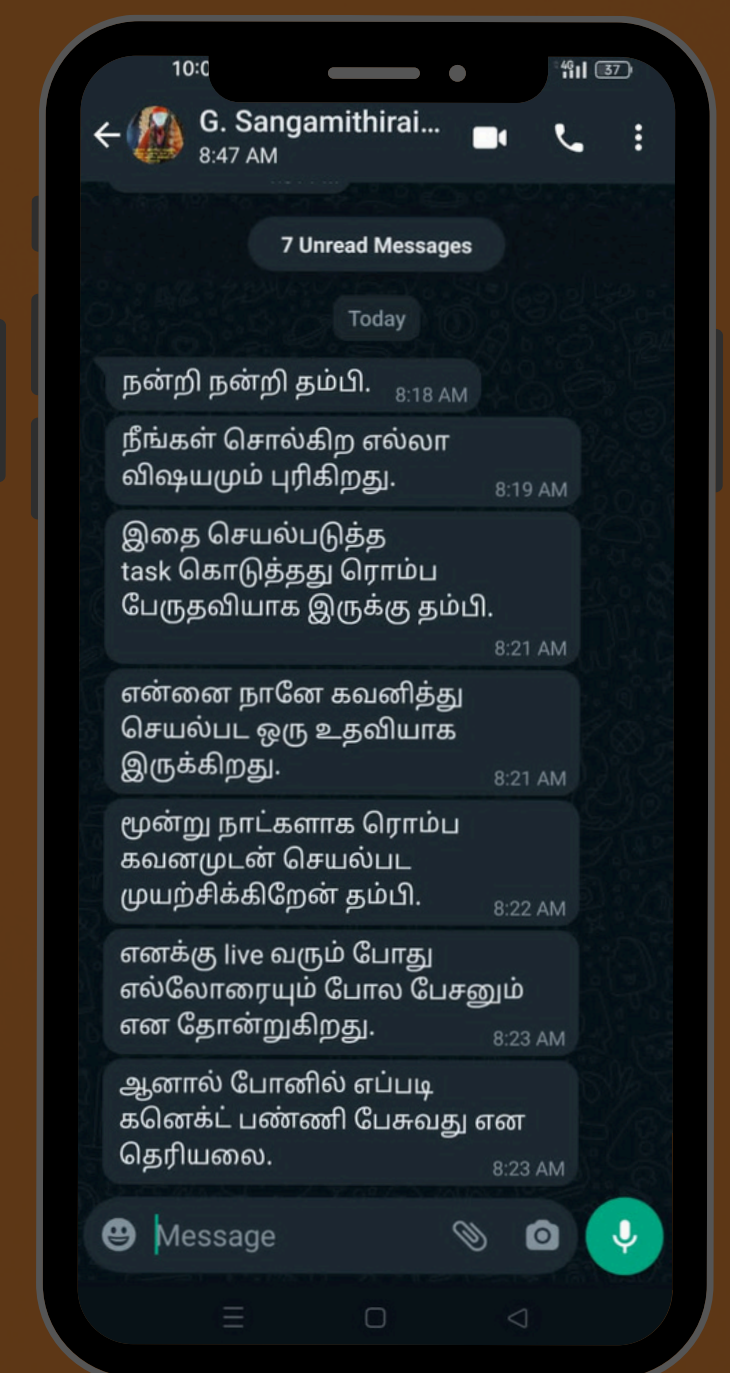
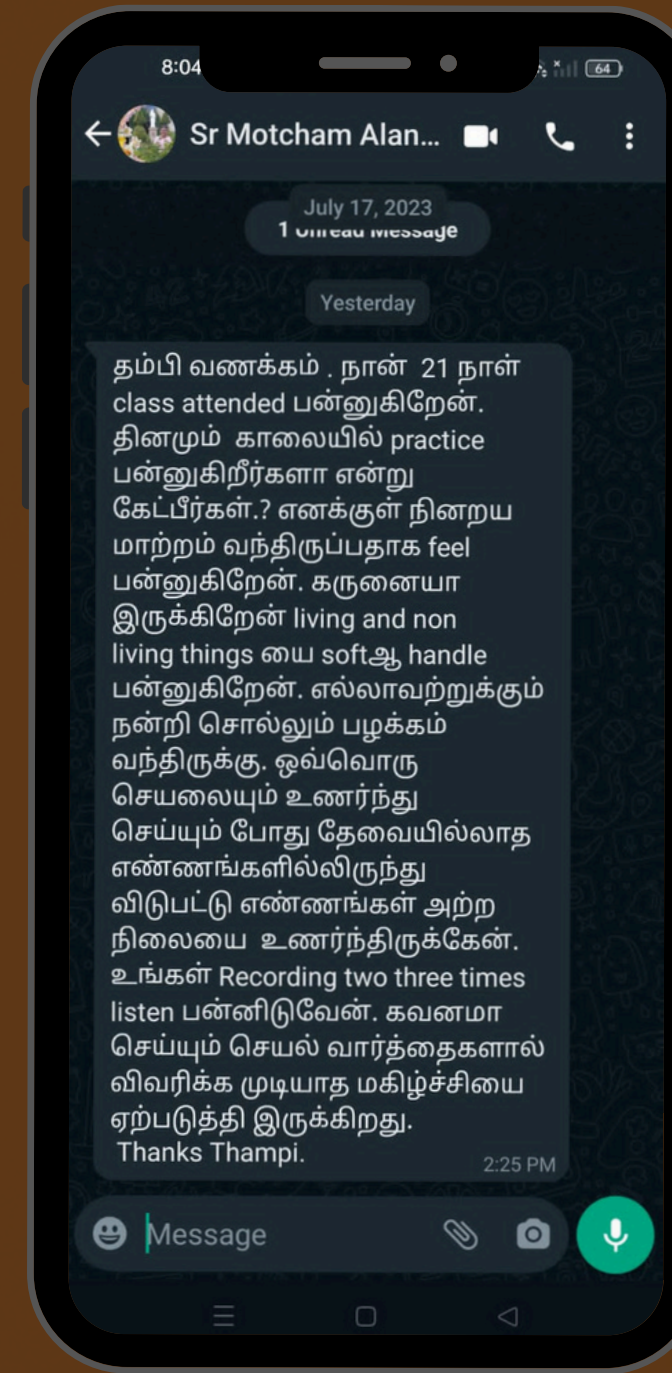
I pray to God that everyone should reach the essence of this class and everyone's confusion will be removed and everyone's life will be happy and clear with the grace of Guru and God's grace🌟....I was living a life full of mental confusion about what is life and what kind of life should I live. Also I was not understanding how to deal with situations and words spoken by people.😊Thank you very much for making me understand through beautiful and clear explanations what are the actions of the mind, how to activate the mind and the mind is the cause of everything...❤️🌟And my special heartfelt thanks for Thiru bro💖🙏

Ramya



Guruve Saranam🌸🌸🌸🌸🌸 Tons of thanks to THIRUMARAN Sir and the whole team of Azhaikkiran Madhavan. First, I felt inner peace of mind and came out of my mental stress. I also learned from Thirumaran Sir how to live a happy life with self discipline. He is a wonderful person and an excellent teacher. He is teaching simple but very powerful techniques to help us realise ourselves.Thanks to God for the opportunity to join this divine class🙏🌸🌸🌸🌸🌸

MIRACLES FEEDBACKS



FAQ

Q: What is the 21-Day Brahma Muhurta Program? When does the program begin and end?

A: This program is a guided spiritual practice conducted during Brahma Muhurta (the early morning sacred hours) to help you enhance your energy, manifestation, and inner transformation. The program runs from March 3rd to March 23rd (21 Day)

Q: What are the program timings, and how long does the program last?

A: Program is held every morning by Thirumaran from 4-5 AM and last approximately 1 hour.

Q: Is the program live or pre-recorded?

A: The program will be live and conducted via Zoom every morning. If you are unable to attend live, recordings of the program will be provided each day. But it will automatically delete after one month.

Q: Can I participate from a non-Indian time zone?

A: Yes, you can participate. The program will be conducted live from 4-5AM IST. If you are outside India, you can still register. We'll send you a daily recording to your registered email via Google Drive.

Q: Will I get a refund if I can't continue the program?

A: No refunds will be provided.

Q: Is the 21-Day Wakeup Challenge the same as the 21-Day Brahma Muhurta Program?

A: No, they are different programs. The 21-Day Wakeup Challenge is designed to help you build the habit of waking up early and starting your day with discipline. The 21-Day Brahma Muhurta Program, on the other hand, is a deeper spiritual practice conducted during the Brahma Muhurta (early morning sacred hours) to enhance manifestation, energy alignment, and inner transformation.

Q: Why is this the last 21-day batch?

A: After this batch, we will only be conducting a 7-day Brahma Muhurta program to make it more accessible. This is your final chance to experience the full 21-day transformation.

"Your future is created by what you do today, not tomorrow."

Create a miracles in your life! →

REGISTER NOW



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thiru.maran_v