


BRAHMA MUHURTA

Magical Journey of 7 Days

 Sep 2nd - 8th, 2024

 4 - 5AM (IST)

 Live (Recordings of the live session will be given)

 Tamil

Venue: Online via Zoom

Register Now

+91 9087 808 808

www.amsouls.com



Join the powerful 7-day online live program in Brahma Muhurta designed to help you learn powerful meditation techniques, cultivate gratitude, compassion, and kindness, and integrate spirituality into your daily life.

Harness the sacred time of Brahma Muhurta to manifest your dreams and elevate your spiritual journey while receiving guidance and support directly from me. Unlock your true potential and experience lasting personal growth in this 7-day Program.

Program *Schedule*

2
SEP

Who Am I? Discovering Your True Self

Delve into self-discovery, exploring the essence of our true identity. This journey will unlock our hidden potential and illuminate our authentic selves.

3
SEP

The Transformative Power of Discipline

Learn how discipline can reshape your life, fostering growth and success. Embrace structured habits to achieve personal and spiritual transformation.

4
SEP

Conquering Fear

Face your fears head-on and develop the strength to overcome them. Discover techniques to cultivate bravery and build unwavering confidence.

5
SEP

The Healing Art of Forgiveness

Explore the liberating power of forgiveness and its impact on our well-being. Learn to let go of past grievances and embrace a path of peace and healing.

6
SEP

Overcoming Obstacles

Understand the nature of obstacles and how they can be transformed into opportunities. Gain tools and strategies to surmount challenges and emerge stronger.

7
SEP

The Vital Significance of Mental Health

Recognize the crucial role mental health plays in our overall well-being. Learn practices to nurture and maintain a balanced and healthy mind.

8
SEP

The Practice and Importance of Meditation

Discover the profound benefits of meditation for inner peace and clarity. Cultivate a regular meditation practice to enhance spiritual growth and tranquility.

PROGRAM STRUCTURE

The Program will be conducted in Brahma Muhurta every day from morning 4 to 5 AM (IST) for 7 days (Sep 2nd to Sep 8th) over Zoom.

The program will be conducted in the Indian time zone. If you are outside India or unable to attend the class at the scheduled time, you can still register. We'll send you a daily recording of the class to your registered email via Google Drive.

Each day will focus on a unique topic and practice, such as mindfulness meditation, loving-kindness, Mantra, gratitude, forgiveness, and mindful living.



Brahma Muhurta is believed to be the most auspicious time for spiritual and mental activities when the atmosphere is charged with positive energy and divine fragrance. Engaging in spiritual practices during this time can amplify their benefits, fostering spiritual growth, mental clarity, and overall well-being. A Program during this auspicious time will tremendously uplift your life. The program can help you with the following:

- ✓ Enhance self-awareness through meditation and spiritual practices.
- ✓ Reduce stress and anxiety with mindfulness exercises.
- ✓ Improve emotional well-being by fostering compassion and gratitude.
- ✓ Increase focus and concentration through regular meditation.
- ✓ Integrate mindfulness into daily life for a more balanced lifestyle.
- ✓ Develop a personalized practice plan to support ongoing growth.
- ✓ Connect with a supportive community of like-minded individuals.



Azhaikkiran Madhavan

Based on Google reviews

4.9



Sarah



Really Thankful to the god to give me a wonderful opportunity. I attended at 7days class. I have been travelling in spiritual journey over the last 3 years. Yes, definitely it helps and boost me more and more. Life is miracles. Connect the universe with one word of "God". Really had great experience and looking forward more classes in future. I always watch His video. So good. Share more and more . Thanks lot again

Mani



Actually I was suffered ulcer for 2 years. Doctors advised i have no problem with body but problem is stress. This program helped to reduce stress and mindfulness life.Now I stopped medications and feel healthy both in mind and body. I like to want join next batch also..

Sharmi K



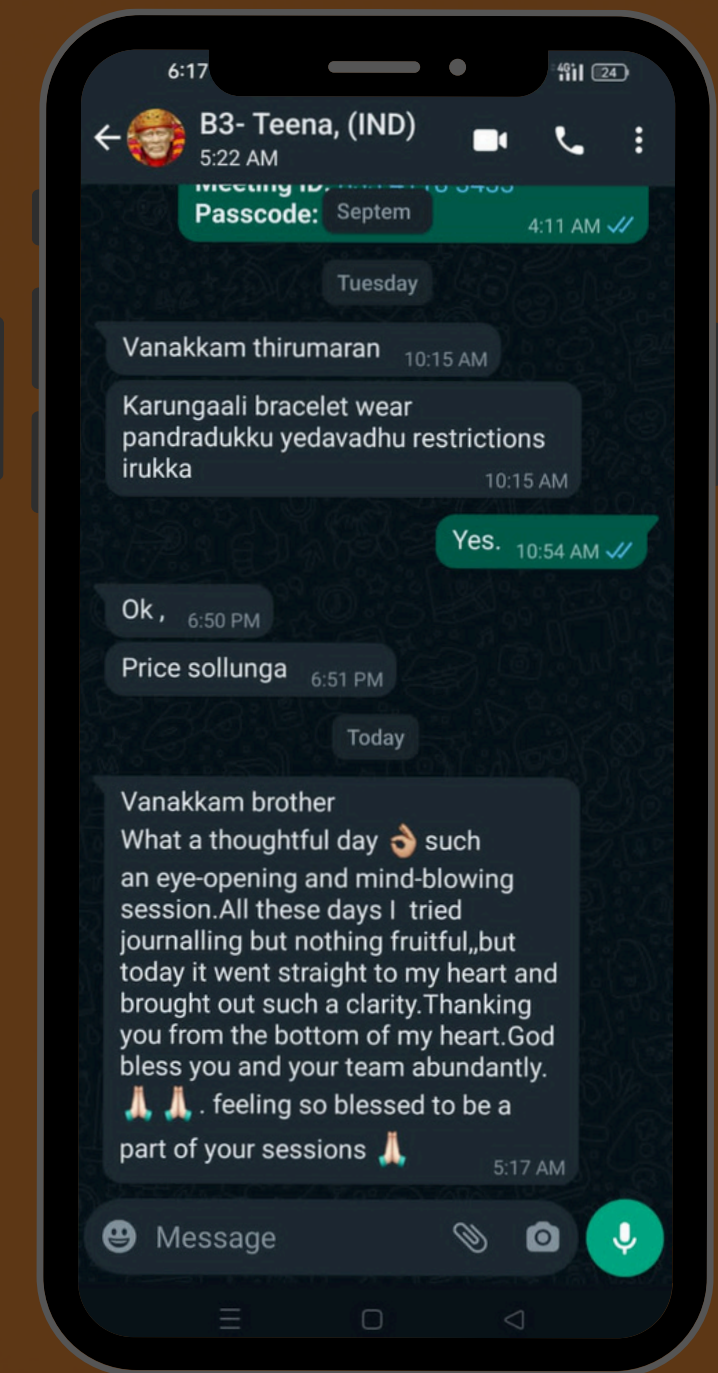
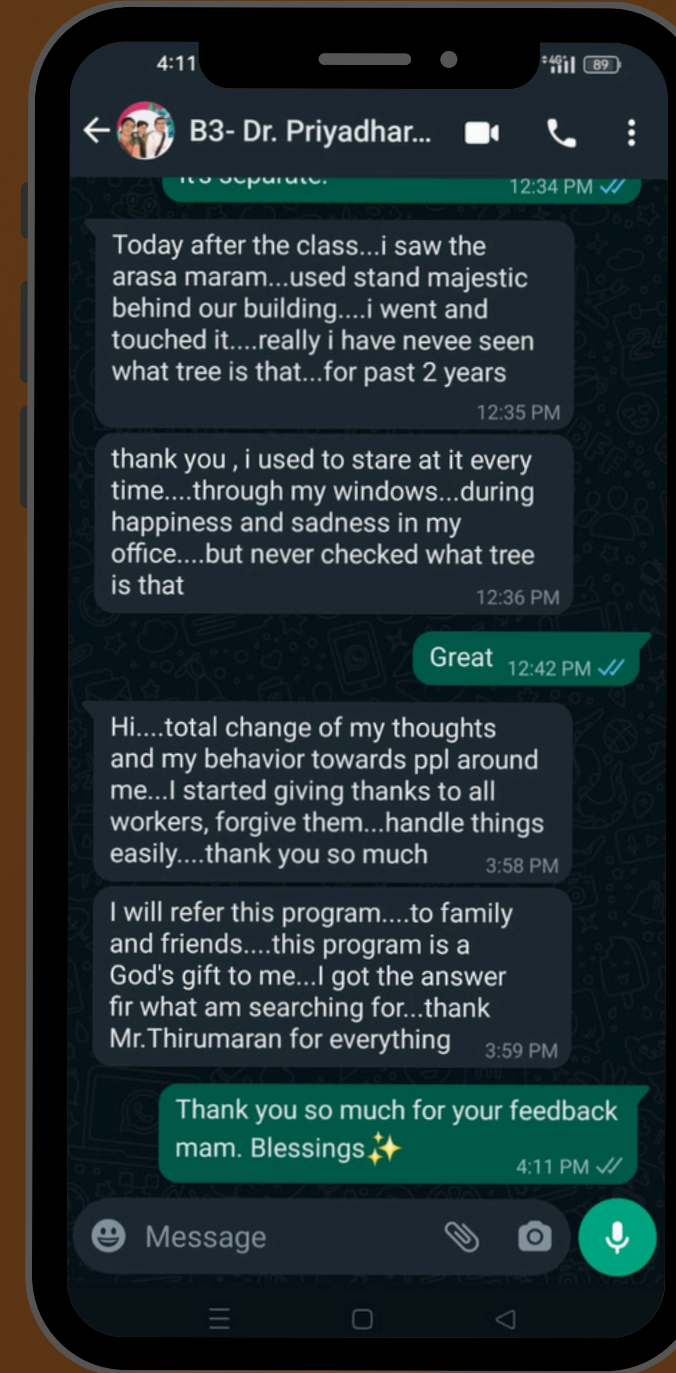
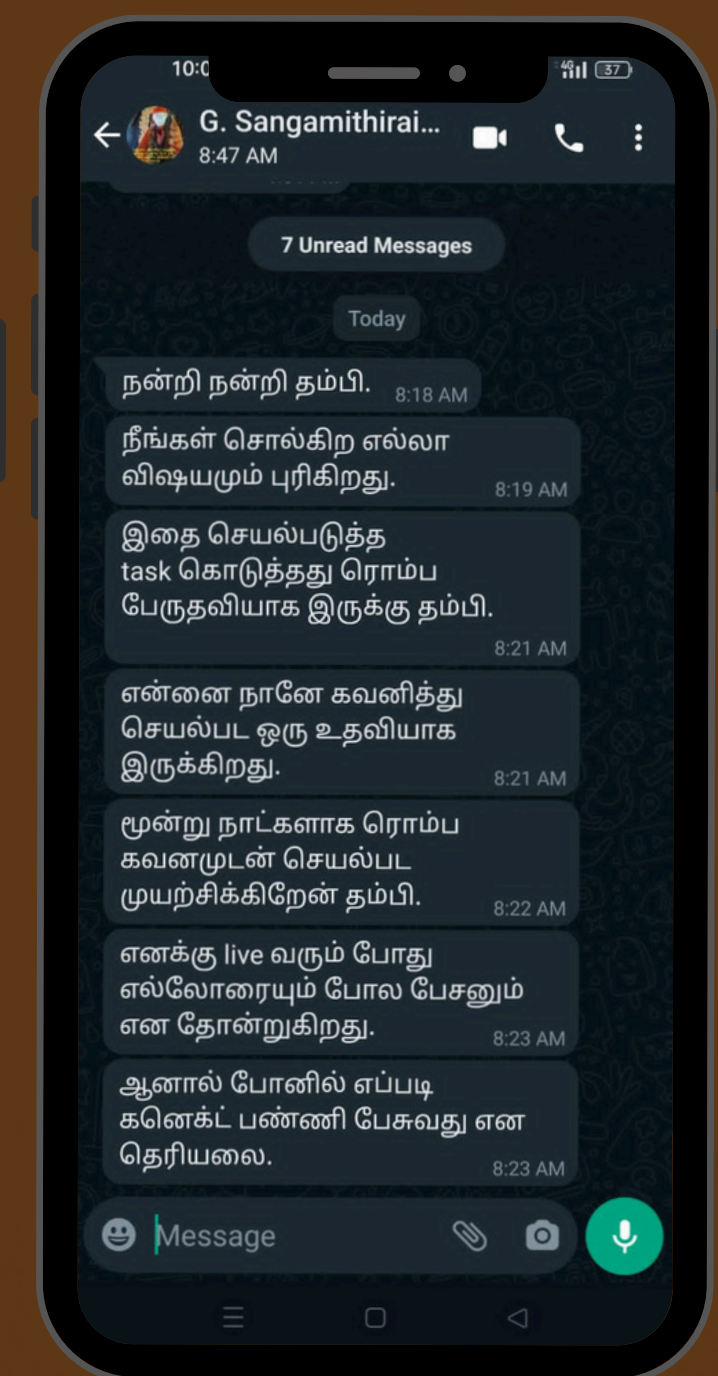
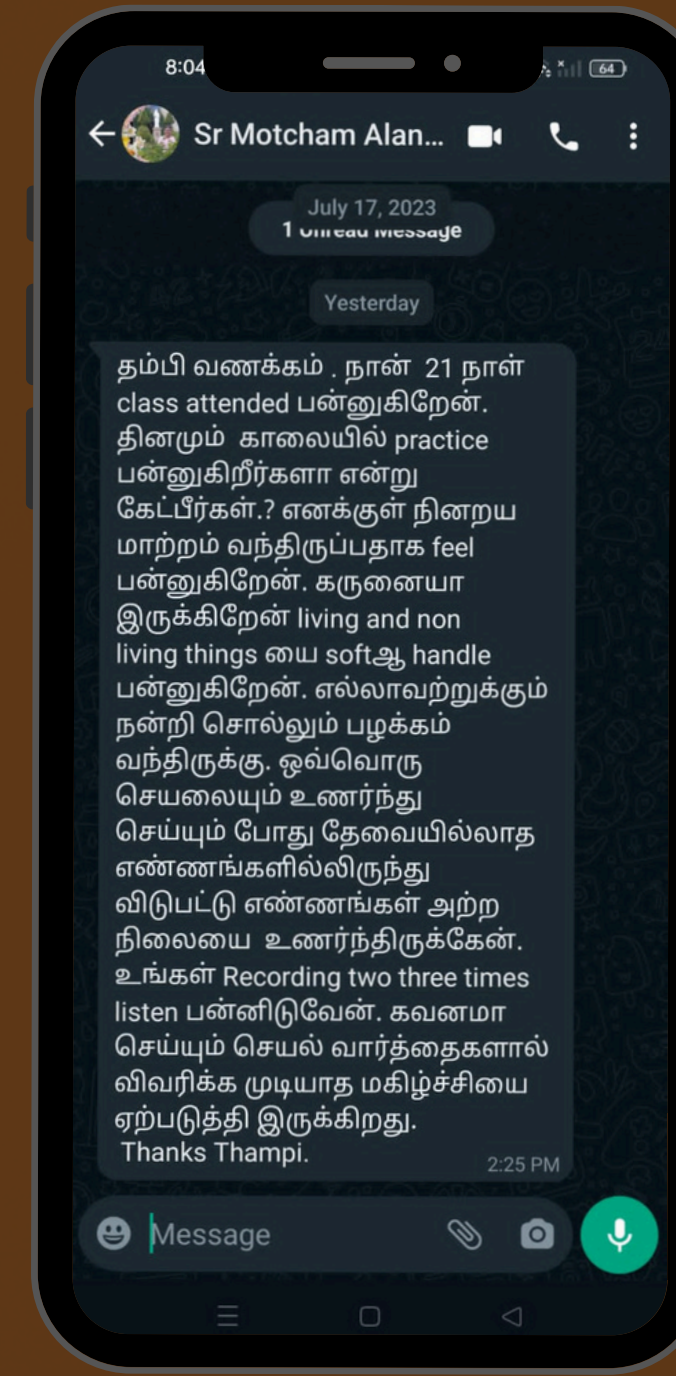
I pray to God that everyone should reach the essence of this class and everyone's confusion will be removed and everyone's life will be happy and clear with the grace of Guru and God's grace🌟....I was living a life full of mental confusion about what is life and what kind of life should I live. Also I was not understanding how to deal with situations and words spoken by people.😊Thank you very much for making me understand through beautiful and clear explanations what are the actions of the mind, how to activate the mind and the mind is the cause of everything...❤️🌟And my special heartfelt thanks for Thiru bro💖🙏

Ramya



Guruve Saranam🌸🌸🌸🌸🌸 Tons of thanks to THIRUMARAN Sir and the whole team of Azhaikkiran Madhavan. First, I felt inner peace of mind and came out of my mental stress. I also learned from Thirumaran Sir how to live a happy life with self discipline. He is a wonderful person and an excellent teacher. He is teaching simple but very powerful techniques to help us realise ourselves.Thanks to God for the opportunity to join this divine class🙏🙏🙏🙏🙏

MIRACLES FEEDBACKS



FAQ

| Q: When does the program begin and end?

| A: The program runs from Sep 2nd to Sep 8th.

| Q: What are the program timings, and how long does the program last?

| A: Program is held every morning by Thirumaran from 4-5 AM and last approximately 1 hour.

| Q: Is the program live or pre-recorded?

| A: The program will be live and conducted via Zoom every morning. If you are unable to attend live, recordings of the program will be provided each day.

| Q: Can I participate from a non-Indian time zone?

| A: Yes, you can participate. The program will be conducted live from 4-5AM IST. If you are outside India, you can still register. We'll send you a daily recording to your registered email via Google Drive.

| Q: Will I get a refund if I can't continue the program?

| A: No refunds will be provided.

"Your future is created by what you do today, not tomorrow."

Create a miracles in your life! →

REGISTER NOW



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